

Ninth Grade Four-Point- China Trip

Luggage

- One medium size suitcase or duffel bag (to be checked through to Beijing)
- One carry-on (backpack for daily trips)

TO BRING:

Clothing (Less is More.)

- All clothing should be in GOOD CONDITION!
No holes, tears, patches....
- Classroom dress is required. Boys' shirts should be collared. "Modesty" is the rule for Girls.

Miscellaneous

- Journal (to be distributed in Boston)
- Digital Camera, extra memory cards. Extra batteries!
(Not a Phone or iPad)
- Host gift—Please talk to one of the chaperones if you are having trouble finding a gift!

Optional

- Something to read on the plane or at night.
- Watch
- Comfort food—granola bars, crackers, trail mix...

Suggested clothing:

- 3 pairs of pants (dark in color is best) (leggings are not pants)
- 5 shirts (At least one button down shirt for boys and one nice shirt for girls)
- 1 light-weight fleece/sweater/GOULD sweatshirt
(No hoodies!)
- 1 heavier fleece for layering while in Beijing.
- 1 waterproof/windbreaker jacket.
- Undergarments and socks for 10 days
- Pajamas
- One pair of comfortable shoes (you will be walking everywhere in China!)

Toiletries:

- Toothbrush, toothpaste, shampoo, brush, a few small packets of tissues etc.
- A small bottle of hand sanitizer

Carry-on Bag Restrictions

- No sharp objects
- No lighters or matches.
(You shouldn't have them anyway!)
- No aerosol cans
- Small amounts (3 oz.) of liquid/gel-based products may be carried in a plastic bag
(One quart zip lock!).

******Remember that you will need to carry all your luggage whenever we are traveling. Pack as lightly as possible, you will want space to bring things home (like a present for your mother)!******

No Computers or cell phones!

Parent Checklist:

- Money
- Departure Plans
- Return Plans
- Packing
(See the next page)
- Host Gifts
- Discussion about rules